

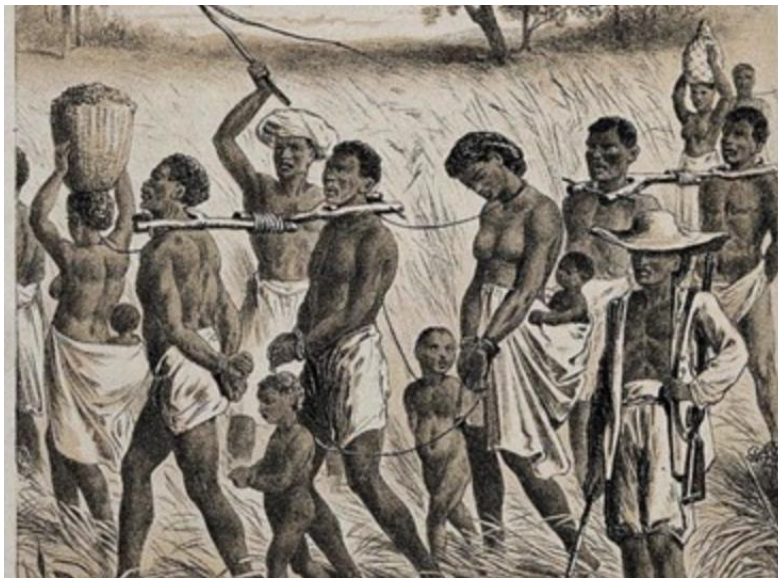
September, 2024

Please feel free to share this newsletter, or give others my email address (mentalchatter@yahoo.com) so they can get on the (blind carbon copy) mailing list. This newsletter began in Feb., 2021, during a long-term involvement in an anti-racism conscious-raising group. We supported and challenged one another in our own education through dialogue, books, movies, articles, podcasts, workshops, etc.

We stand in solidarity with all those working to end racism, inequality, war and imperialism, while also supporting efforts to build power in working class communities of color. Collective and individual liberation for all!

PLEASE SUBMIT ANY POTENTIAL ADDITIONS BY THE 25th of EACH MONTH

UPCOMING PORTSMOUTH GUIDED TOURS



Saturday, August 31 | 2:00 PM | BHTNH Headquarters | Portsmouth, NH
Sankofa Scholar and Tour Guide: Nur Shoop
Port of Entry: Boys and Girls for Sale

Local newspapers carried merchants' ads for ships returning to the port of Portsmouth laden with cargo from Atlantic Slave Trade ports on the West Coast of Africa, the West Indies, and the Atlantic coastal cities of Colonial America from Maine to Louisiana. Visit local wharves and auction sites related to the Atlantic slave trade, where a captive could be exchanged for "cash or good lumber" to serve in the master's house or work on the docks or aboard a ship. See how slavery in the North compared to the South.

Register [here](#)



Sunday, September 1 | 2:00 PM | BHTNH Headquarters | Portsmouth, NH
Sankofa Scholar and Tour Guide: Nur Shoop*

Meet Jack Staines, a “Black Jack” in Historic Old Portsmouth

Seafaring was one of the most significant occupations among both enslaved and free Black men between 1740 and 1865, when Black mariners sailed on whalers, warships, and privateers. Some were enslaved and forced to work at sea, but by 1800, most seafarers were free, legally or by self-emancipation, to seek adventure and economic opportunity aboard ship. On this tour, you will meet Jack Staines, husband to Ona Judge Staines, who was enslaved by the President and Martha Washington, and experience Portsmouth through the life of one of its Black mariners.

****Please note:** The September 1st tour will be guided by a substitute tour guide, Nur Shoop. This will not be a Living History tour. We apologize for any inconvenience.

Register [here](#)



Aug. 10 – Sept. 1 | Cape Ann Museum Green | 13 Poplar Street, Gloucester, MA

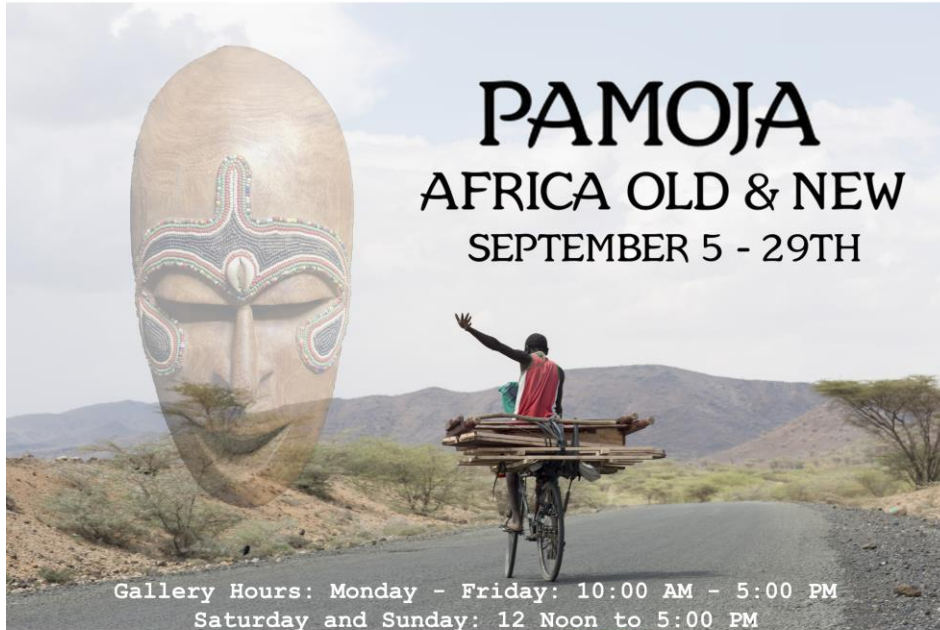
An Outdoor Public Art Installation

Vessels of Slavery: Forget Me Not

Vessels of Slavery: Forget Me Not is a collaboration among artists Susi Ryan, Christle Rawlins-Jackson, and IlaSahai Prouty. Using their collective expertise in community-based art and engagement, quilting, historical research, and individual artistic practices, these artists have conducted research and held several community conversations over the past two years. During this period, they developed this summer’s outdoor installation at the Cape Ann Museum Green to explore and interpret the history of slavery on Cape Ann.

More information [here](#)

**FIREHOUSE GALLERY EXHIBIT
NEWBURYPORT CHAMBER OF COMMERCE
EXHIBITION OPENING THURSDAY SEPT 5TH
MIXER INVITATIONAL 530 - 730 PM**



Traditional African Tapestries and Masks
Photography of the Land & People : Willamain Somma
Kenyan Youth Art: Children of the Bukokholo Rise Kenyan Youth
A Western Kenya Rural Community : Photography by Daniel Wafula

This exhibit, *PAMOJA (Together): Africa New & Old* is an encounter with the Africa of today alongside selected traditional art and images from several different regions. We offer these selections to represent the rich culture and lives in many places on the African continent. Masks, Fabrics, Photography & Youth Art will be featured.

We are pleased to be able to offer masks based on traditional figures and cultural practices, fabrics woven, dyed and designed in traditional methods. These will be exhibited among photographs alongside current images of people living in ancient and modern ways. These are photos taken in the Turkana region and driving through the countryside by the photographer Willamain Somma. Turkana is a tribal area where people live by goat herding. It is an area of dust blown seemingly barren lands of northern Kenya. The women wear multicolored dresses, long earrings, and lots of beaded necklaces and bracelets.

These pieces are shown along with art created by the Kenyan children participating in education programs funded by Small Solutions Big Ideas. These young people live in the Western Hills on smallholder farms where they grow maize and beans to live. They value tribal culture, as well as the wildlife, trees, music and traditions.

Available for sale will be additional youth art on small postcard sized prints. Extra prints of exhibited photographs and access to crafts on our website. <http://smallsolutionsbigideas.org>.

2024 POW-WOWS, INDIGENOUS PEOPLES DAY EVENTS & OTHER SPECIAL EVENTS

Pow Wow Information

A Pow Wow is a Native American tradition that brings together many different tribes and communities. Pow Wows are cultural celebrations that include dancing, singing, socializing, crafts, arts, and food.

Pow Wows listed on our calendar are open to the public!

- [What to expect at your first Pow Wow?](#)
- [What is a Pow Wow?](#)
- [Are Pow Wows Open to the Public?](#)
- [Pow Wow Etiquette](#)
- [Pow Wow 101 – Frequently Asked Questions](#)
- [Pow Wow Singing](#)
- [Dance Styles](#)
- [Watch Pow Wows Live Online](#)
- [Watch Pow Wow Videos](#)
- [Pow Wow Photography Guide](#)

<https://calendar.powwows.com/events/annual-mashpee-wampanoag-pow-wow/>



MCNAA
Massachusetts Center for
Native American Awareness

September

7-8 Nipmuck Indian Council Annual Pow-wow, Dug Hill Rd, Holland, MA 508-347-7829

28 (Sat.) Annual Harvard Pow-wow, Harvard University McCurdy Outdoor Track, 145 N. Harvard St., Allston, MA E-mail: hunap@harvard.edu

<https://www.mcnaa.org/find-a-2023-powwow-or-special-event-1>



Comrades in Struggle

Overcoming race and class bias for the benefit of all

Online Training with White Awake

Facilitators: Eleanor Hancock and David Dean

Guest Teachers: Sumaya Awad and Rabbi Alissa Wise

In this training we'll share tools and best practices for catching and interrupting bias within ourselves while directing our participants to the place where deep transformation actually occurs: [the comradeship that grows from solidarity-based struggle](#) for social change. The course will include a strong focus on anti-Palestinian racism and antisemitism alongside many forms of racial and class bias that continue to be weaponized in our society.

This training will help you:

- Gain historical knowledge about how biased beliefs and behaviors have been **strategically instilled** into the masses over time by a ruling class intent on **domination through division**.
- Identify a variety of common **race and class biases** with a special focus on **anti-Palestinian bias and antisemitism** to help us respond to the current moment.
- Learn **concrete tools** for noticing these biases when they arise within us, grounding ourselves emotionally and **eliminating their distortions**.
- Learn effective strategies centered on compassion and comradeship for **helping others address bias** in themselves.
- Find opportunities to **get involved** with organizations that are using these strategies to unite the multiracial 99% to create the world that all of us need.

Sep 15, Sep 22, Sep 29, & Oct 6

4-6:30pm ET (1-3:30pm PT)

Sliding scale \$75 - \$300 fee for training

No one turned away for lack of funds

- Click [here](#) to register on our site

- Sessions will be recorded. Live attendance is not mandatory.

<https://mailchi.mp/whiteawake/comrades-in-struggle-anti-bias-training-begins-sep-15?e=a5610adb93>



WHITE DUDES FOR COLLECTIVE LIBERATION

Towards Justice, Belonging, and Multi-Racial Democracy

An Online Course for White Men
with White Awake | Begins Sept. 23, 2024

This course is designed to help you:

- **Develop basic understanding** of patriarchy, white supremacy and the role these forces have played in a centuries-long project of the ruling class to divide and control.
- **Build resilience** as we face the vast harm caused by these systems of oppression; **deepen personal awareness** of how our racial and gender socialization has created suffering and disconnection in our own lives.
- **Cultivate a positive identity** connected to a legacy of resisters, radicals, and allies.
- **Practice** healing ways of relating through vulnerability and storytelling.
- **Connect** to our authentic selves through mindful, embodied and creative practices.
- **Learn about opportunities to engage** in coalition-based movements for anti-racism, feminism, reproductive rights, economic justice, multi-racial democracy, and collective liberation.

- Mondays, Sept 23, 30 & Oct 7, 14, 21, 28

8-9:30pm ET

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Sliding scale \$100 - \$300 fee for course

- No one turned away for lack of funds

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- Click [here](#) to register on our site

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- Sessions will be recorded. Live attendance is not mandatory.

With Course Facilitators: Chris Crass and Topher Stephens

<https://mailchi.mp/whiteawake/white-dudes-2024?e=a5610adb93>



Hassanamisco
INDIAN FAIR

Sunday, October 13th, 2024

**Drums, Dancing, Indigenous Crafts & Vendors, Food
Trucks, Raffles and more**

**Gates open @ 10am
Grand Entry @ 12pm
Closing Ceremony @ 4pm
All Dancers are Welcome**

**Adults - \$5
Youth & Elders 60 & up - \$2
Children under 7 - FREE**

**Drums:
Blackstone Valley
Singers
Crow Hill**

*NEW
Location*
**Phelps Athletic Field
7 Jumbo's Path
North Grafton, Ma 01536**

NO PETS, NO DRUGS, NO ALCOHOL

<https://www.nipmucband.org/event/hassanamisco-indian-fair/>

Conversations with Debby Irving

Learn to move from blame and disconnection to understanding and connection.



Learn to bravely engage even on tough topics, moving from fear to curiosity in order to have authentic, productive conversations.

By Comadre Speakers Collaborative

Date and time Wednesday, September 11 · 7 - 9pm EDT
Location Online

<https://www.eventbrite.com/e/transformational-conversations-with-debby-irving-registration-906977192197?aff=oddtcreator>



May 23 – September 2, 2024 | Institute of Contemporary Art | Boston, MA

Hew Locke: The Procession

British and Guyanese artist Hew Locke's immersive installation, The Procession, makes its North American debut at the Institute of Contemporary Art / Boston. It features roughly 140 life-size sculptures of masked figures in costumes and props that Locke says are an invitation to viewers to "reflect on the cycles of history, and the ebb and flow of cultures, people, finance, and power."

Read more [here](#)



Ongoing | Portland Museum of Art |Portland, Maine
Passages in American Art and Woven

The Portland Museum is offering the first-ever retrospective of a Wabanaki artist in a fine art museum in the United States. [Jeremy Frey: Woven](#) is on view until September 15, 2024.

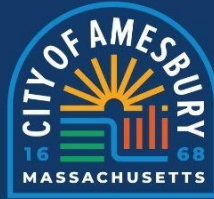
The museum has pioneered efforts to make representation of minoritized communities integral to its approach to exhibitions like Frey's. But now it is going deeper, extending its multi-vocal approach to the permanent collection.

Steps taken include compensating Advisory Committee members for their work and holding multiple meetings over the course of the year to advise, co-develop, and reinterpret American art galleries alongside the PMA's Curatorial, Learning, and Community Collaboration teams. Thought partners include representatives of the Atlantic Black Box, Akomawt Educational Initiative, and the Indigo Art Alliance.

Learn more about the process and permanent collection [here](#)

Above: "A quiet reach #5," Daniel Minter, image courtesy of Luck Demers, © Daniel Minter

**STRONG
TOWNS**



The Housing Trap

A Book Tour

WITH CHUCK L. MAROHN, JR.



Understand the root causes of America's interrelated housing crisis and the intentional responses your city can make to address it.

Housing is an investment. Investment prices must go up. Housing is shelter. When the price of shelter goes up, people experience distress.

This is the housing trap. It's time to escape.

This presentation introduces a first-of-its-kind discussion of the tension between housing as a financial product and housing as shelter.

EVENT DETAILS

- ✓ Amesbury High School
- ✓ September 18, 2024
6pm
- ✓ Local Housing & Economic Trends
- ✓ Book Signing with Local Bookstore
- ✓ Free and Open to the Public

Made Possible By Partnerships With



Scan For Facebook Event



<https://www.strongtowns.org/>

The White Power Movement: Its History, Threat and What You Can Do About It

Speaker: Julie Farnam, National Security & Intelligence Expert, Author of "Domestic Darkness"

LET'S TALK SERIES dcbcenter.org/events

THE WHITE POWER MOVEMENT: ITS HISTORY, THREAT AND WHAT YOU CAN DO ABOUT IT

HOST
Paul S. Bracy
Founder & President,
Dock C. Bracy Center

SPEAKER
National Security & Intelligence
Expert, Author of
"Domestic Darkness"

DATE
September 18, 2024

TIME
7-9 P.M. EDT

REGISTER NOW

[Event graphic for Let's Talk Series: The White Power Movement: Its History, Threat and What You Can Do About It](#)

Please join us via Zoom on Wednesday, September 18, 2024, 7-9 pm EDT (UTC-4) for [Let's Talk Series: The White Power Movement: Its History, Threat and What You Can Do About It.](#)

The white power movement has long posed a threat to our safety and to our democracy. In this session, Julie Farnam will discuss the origins of the white power movement in the United States, how it has inspired violence throughout the years, where the movement stands today, and what we can do to address its danger. She will examine the continued assault on our educational system to deny children the right to know and understand different perspectives and that prevent the healing of past wrongs as well as strategies to recognize and combat hate in our communities.

<p>THE BLACK HERITAGE TRAIL OF NH IN PARTNERSHIP WITH THE MANCHESTER HISTORIC ASSOCIATION</p> <p>INVITES YOU TO</p> <p>MARKER UNVEILING</p> <p>HONORING ENSLAVED PEOPLES' CONTRIBUTIONS TO MANCHESTER'S TEXTILE INDUSTRY</p> <p>SATURDAY SEPTEMBER 21, 2024 10:00 A.M. MILLYARD MUSEUM 200 BEDFORD STREET, MANCHESTER, NH</p> <p>UNVEILING CEREMONY FOLLOWED BY REFRESHMENTS</p> <p> blackheritagetrailnh.org 603-570-8469 manchesterhistoric.org 603-622-7531</p>	<p>Saturday, September 21 10:00 AM Millyard Museum Manchester, NH</p> <p><i>Historic Marker Unveiling</i></p> <p>Please save the date as the Trail unveils its first marker in Manchester. Told from the perspective of people of African descent, this historic marker will honor their contributions to Manchester's textile industry.</p>
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GREAT Opportunity to further your Commitment in Amesbury!

We are excited to invite you to join the
Amesbury Racial Justice Learning & Accountability Group

a space where allies, co-conspirators, and advocates alike can come together to learn, hold each other accountable, and create a more equitable, just, and inclusive Amesbury community.

Meetings are the **third Wednesday of each month** from 7 PM - 8:30 PM
at Union Congregational Church, 350 Main Street, Amesbury.

If interested in participating, please complete a brief form here <https://forms.gle/5dQguaDtrp45yszD8>

Eradicating Racism: A Path Forward Learning Series (September 2024)

Four session learning series delivered virtually over four consecutive weeks. Required pre-work and a two hour live group discussion.



By **Dock C. Bracy Center Inc.**

Online Event Refund Policy -- Contact the organizer to request a refund. Eventbrite's fee is nonrefundable.

About this event --This four session learning series is delivered virtually over four consecutive weeks. Each week, there is required pre-work and a two hour live group discussion.

What are the goals of the learning series?

- Assist participants in understanding the complexity, and the simplicity, of racism using critical thinking, self-reflection, and communication.
- Connect this to an understanding of other systems of oppression.
- Create a safe, healing learning environment for participants to learn, grow, and explore racism in our society, and in ourselves.
- Begin to develop implementable strategies to address/repair the harm racism has caused.
- Introduce the Dock C. Bracy Center for Human Reconciliation and offer a path forward.

Participant Commitments

- To do all pre-work before attending class.
- To attend all sessions in their entirety (if there is a problem, let us know).
- To being fully present and engaged in class.
- To take responsibility for your learning.

All these commitments are essential to your learning, the group process, and the success of this program.

When is the September 2024 learning series?

- The Complexity of Systemic Racism (Session #1), Thursday, September 5, 2024, 7-9 pm EDT
- Institutional Racism & White Privilege (Session #2), Thursday, September 12, 2024, 7-9 pm EDT
- Building Conversational Skills for Challenging Racism (Session #3), Thursday, September 19, 2024, 7-9 pm EDT
- Taking Action Making Change (Session #4), Thursday, September 26, 2024, 7-9 pm EDT

<https://www.dcbcenter.org/post/the-white-power-movement-its-history-threat-and-what-you-can-do-about-it>

Workshop for activists and all concerned people—

AN INTRODUCTION TO THE WORK THAT RECONNECTS

Saturday Sept. 28, 2024

9 a.m.-1 p.m.,

**First Parish Unitarian Universalist Church,
3 Church St., Harvard Sq., Cambridge.**

Our current social, economic and political system—“business as usual”—is causing huge problems: climate and ecological disruption, wars and mass violence, racial and economic oppression and many other injustices, as well as existential threats to democracy. In the face of all this, we can feel overwhelmed by fear, grief, anger, hopelessness and other difficult emotions. The Work That Reconnects (WTR), developed by Joanna Macy and others, provides a toolkit for processing these overwhelming feelings. Using experiential exercises, WTR has helped thousands of people build resilience, connect deeply with all life, and release energy to act on behalf of all people and other beings*.



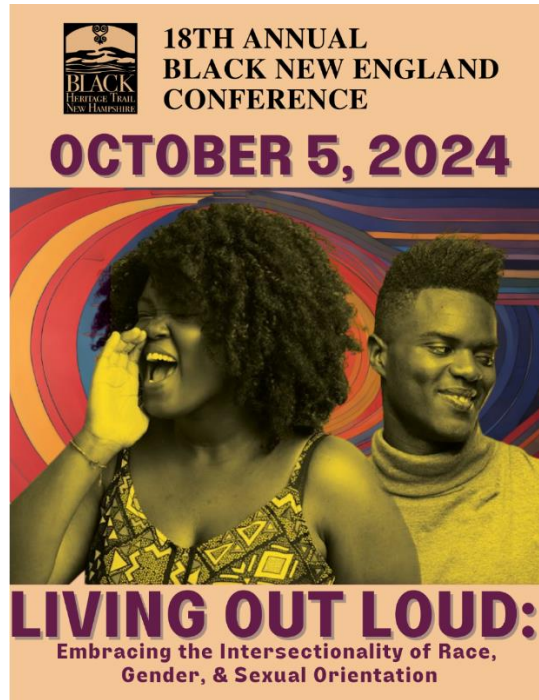
All are invited to join us on Sept. 28. Snacks provided, but please bring a water bottle, also a pen and paper/notebook (we will do some writing). The workshop is offered free of charge, as part of the gift economy. Donations are welcome, to help pay workshop costs. Cosponsored by the first Parish Social Justice Council; Mass. Peace Action; and 350 Mass (Cambridge-Somerville node). Led by Rosalie Anders, Natalie Johnson and John MacDougall.

Please register in advance: email john_macdougall@uml.edu

For more information: www.workthatreconnects.org or email john_macdougall@uml.edu

Joanna Rogers Macy is an environmental activist, author, and scholar of Buddhism, general systems theory, and deep ecology. She is the author of twelve books.

*This image was a gift to Joanna Macy. Use permission is granted except for sale or compensation



October 5, 2024 | 8:00 AM - 4:00 PM | Southern NH University | Manchester
18th Annual Black New England Conference

Registration is now open for the 2024 Black New England Conference. This year's conference highlights the lives of Black LGBTQ trailblazers and their contributions to American history. Join us to celebrate the success stories of individuals and institutions that serve as beacons of hope for current generations who strive to live out their identities authentically.

The conference panel includes:

- **Beyond Erasure: Black Queer Trailblazers and Their Legacies.** History of Black LGBTQ+ trailblazers and their contributions to American history and culture.
- **Unboxed: Redefining Creative Spaces as the Intersection of Race, Gender, and Sexuality.** The evolving cultural norms surrounding gender roles and presentation.
- **A Burst of Light: Future Trends and Emerging Movements in the Queer Community.** Forward-thinking approaches to uplifting marginalized communities
-

Read more [here](#)

Register [here](#)

cambridge center for adult ed.

White People Challenging Racism: Moving from Talk to Action - Part 1 *Online*

While this five-session workshop welcomes participants of all identities, its focus is on racism as a system that White people created, maintain and condone - and White people have a responsibility to dismantle. The workshop will take participants beyond the headlines to impart an antiracist world view that will infuse every aspect of participants' lives, when hearts are open to it. In this group setting you will: Examine the role of White people in dismantling racism, in becoming antiracist, and in building an equitable society. Explore the impact of White privilege and how being unaware of that advantage helps perpetuate racism. Write about your own racial awareness journey. Enhance your understanding and capacity for action through discussion of short readings, videos, and other materials. Share everyday racism-related situations where you may not have effectively responded and, using role plays, work out effective ways to challenge racism. Develop a specific plan for challenging racism in the workplace, an organization, or in the community, while being encouraged to find other people in your life who can provide support and serve as an accountability partner in implementing your plan.

Please note: Attendance at the five sessions and completion of all assignments are expected. Each participant will receive a phone call from one of the facilitators prior to the start of this program to review these expectations.

Co Facilitators: Kim Beamon, Michelle Chalmers

SECTIONS	WPCR-FA24.01		
Start Date	October 9, 2024		
Time	6:00pm	Location	Online
Cost	\$175.00	Availability	8
REGISTER	5 Wednesdays, 6-8pm. Begins October 9		

This class will meet online using Zoom. The Zoom link and information on how to join will be emailed to you. Please also check your spam folder.

<https://ccae.org/classes/offering/1235/white-people-challenging-racism-moving-from-talk-to-action-part-1-online>

Logo by Sierra Henries



Indigenous Peoples Day Observance

**MONDAY, OCTOBER 14, 10AM-5PM • 2024
WATERFRONT PARK, NEWBURYPORT, MA**

**A FREE, FAMILY-FRIENDLY, OUTDOOR GATHERING TO
CELEBRATE CONTEMPORARY
INDIGENOUS CULTURAL ARTS & DIVERSITY**

TO HONOR our region's Indigenous Nations and all Native Peoples.
TO SUPPORT recognition of Indigenous Peoples Day at the city, state, & national level.

- **Call for Indigenous & community partners, sponsors, volunteers & participants to support this non-profit event.**

Contact IMAGINE STUDIOS for more info. • (978) 834-0367

Kristine@imaginestudios.org



COMMUNITY PARTNERS & ORGANIZATIONS:



**CUSTOM
HOUSE
MARITIME MUSEUM**



MCNAA
Massachusetts Center for
Native American Awareness



To make a charitable donation to this nonprofit event:
Venmo- @ImagineStudiosOrg; [Go Fund Me](#)

Thanks to our community partner organizations for their support!: Massachusetts Center for Native American Awareness; City of Newburyport Department of Diversity, Equity and Inclusion Alliance; Custom House Maritime Museum; Merrohawke Nature School; Unity on the River; Bank Prov.

Thanks also to our sponsors, including: The Regenerative School, Janco Publishing, Amesbury Industrial Supply, Seas the Day Realty, Ottos Pizza, Gould Insurance, The Clark Currier Inn, Seacoast Cabinet, Port Signworks, and others.

This program is supported in part by grants from the Mass Cultural Council. Thanks to the following Local Cultural Councils: Newburyport, Amesbury, Salisbury, West Newbury, Newbury, Merrimac, Rowley, Georgetown, Boxford.

<https://imaginestudios.org/>



A protester confronts police officers outside the 3rd Police Precinct in Minneapolis, on May 28, 2020. Image: [Lorie Shaull](#).

Making Communities Safe, Without the Police

November 1, 2021

Effective responses to violence—preventing it, interrupting it, holding people accountable, and helping people heal—already exist. We need to learn from and invest in them.

Amanda Alexander

Danielle Sered

<https://www.bostonreview.net/articles/making-communities-safe-without-the-police/>



BGIM is a Democratic Party genocide purveyor or, She didn't dance to my tune

August 3, 2024 by Shay

<https://blackgirlinmaine.com/current-events/bgim-is-a-democratic-party-genocide-purveyor-or-she-didnt-dance-to-my-tune/>

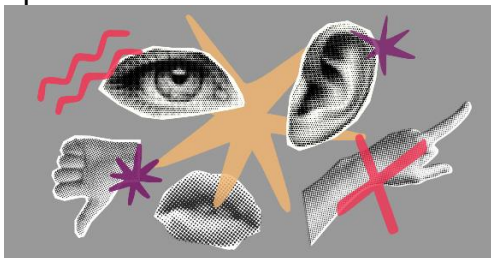
Both/and—It's the messiness of the political

August 24, 2024 by Shay

<https://blackgirlinmaine.com/current-events/both-and-its-the-messiness-of-the-political/>

Implicit bias training, explained

In recent decades, companies big and small have sought out implicit bias training for their employees as a vehicle to tackle discrimination and bolster equity in the workplace. What is implicit bias? And what difference can training make?



By **Drisana Hughes**

<https://rrapp.hks.harvard.edu/how-to-guide/implicit-bias-training/>
